

# REFLECTIONS

Vol. 35 No. 04

April 2017



## April Challenge

### *A Complaint-Free Day*

*How many times have you complained today? If you're like most people, you average anywhere from 15 to 30 complaints a day! It's true. Complaining has become so automatic, we're rarely aware we're doing it.*

*"Complaining is like bad breath,  
you notice it when it comes out of somebody else's mouth,  
but not your own."*

*--Will Bowen*

**COUNTRYSIDE**

Christian Community

200 Bellann Court Annville, PA 17003

(717) 867-4636

## Board News

Countryside's Board of Directors welcomed two new members who were recently elected at the annual conference of the United Christian Church. Scott Artz was elected to fill the unexpired term of Rev. Ben Dowdrick who recently passed away. Dennis Wenger was elected to serve a five year term. He succeeds Walter Knight III who completed two terms on the board.

As a result of the board's annual reorganization in March, the following officers were elected to serve one year terms: Robert Leibfried, Chair; Rev. Thomas R. Clawser, Vice Chair; Dorothy "Dolly" Martin, Treasurer; Jim Graves, Secretary; Scott Artz, Asst. Secretary. Remaining board members are Robert L. Morgan and Dennis Wenger.

## Cottages Available

Countryside currently has three one-bedroom cottages available for immediate occupancy. Each cottage has a unique floor plan, offering lifestyle options to accommodate your personal preferences. One cottage offers a kitchen and a bathroom with step-in shower both brand new, totally remodeled. Another cottage has a carpeted den large enough to serve as a second bedroom. And the third cottage includes a walk-in closet that could easily be used as a craft or hobby room. To arrange for a tour to see these cottages in person simply call 867-4636 for an appointment.

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### CCC Reflections is published monthly

Franklin Schock, Executive Director  
Amber Carter, Personal Care Administrator  
Venancia Williard, Director of Nursing  
Kathryn Youngman, Dir. of Social Services  
John Landis, Chaplain

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**BOARD OF DIRECTORS**  
Robert Leibfried, Chairman  
Thomas Clawser, Vice Chairman  
Dorothy Martin, Treasurer  
Jim Graves, Secretary  
Scott Artz, Assist. Secretary  
Robert Morgan  
Dennis Wenger

### MISSION STATEMENT:

The mission of Countryside Christian Community is to provide for the emotional, physical, spiritual and social needs of our residents in a Christ centered environment.

Please note that a donation or contribution to Countryside Christian Community is purely voluntary. A contribution is in no way a requirement for a business relationship, residency or a continued stay in the community. All residents will receive the same standard quality of care notwithstanding contributions in their name. Countryside Christian Community operates as a not-for-profit Christian ministry of the United Christian Church and serves older adults without regard to race, color, national origin, ancestry, sex, physical handicap, disability or religious creed. The official registration and financial information of Countryside Christian Community may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

## **TIPS FOR CAREGIVERS**

As people grow older they may begin to experience difficulty with some ordinary activities of living. If you're a caregiver, here are some things to watch for in older adults.

### **Physical Therapy Concerns:**

*Falls*... when it's scary to watch someone walk or to walk with them

*Transfers*... when it's harder to move from one position or location to another

*Leg braces*... when they're missing because it's too hard to get on or there's skin redness

*Contractures*... when it's harder to reach certain body parts

*Pressure areas*... when there's redness of skin discoloration on the buttocks or heels

*Pain*... when you see facial grimacing or hear complaints during movement or repositioning

### **Occupational Therapy Concerns:**

*Eating*... when they're wearing most of their meal

*Positioning*... when they just don't look comfortable

*Dressing*... when not taking as good care of themselves as they've done in the past

*Wheelchair*... when they just sit there, no longer able to go where they want

*Pressure areas*... when skin is sore or reddened; needing a cushion

*Contractures*... when arms or hands are too tight to move well

*Splints*... when they've not been looked at for a while, or aren't being worn

### **Speech Therapy Concerns:**

*Dysphagia*... when there's coughing, choking, or pocketing food in cheeks

*Speech/Cognition*... when they're unable to tell you clearly what they need

*Memory*... when they can't seem to remember things very well

As a caregiver or family member, if you see changes like these in your elder loved one, tell their doctor. An evaluation and treatment by a trained therapist might help improve things. The therapists at Countryside are available on an outpatient basis to assist individuals have a better quality of life.

**Symbria<sup>®</sup>**  
Rehab

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### **Help Us Celebrate**

In May we will be celebrating the decades from the 1930's – 1980's. We would like to display photographs of residents and staff that were taken during this time. If you have a photo that you would like to share please give it to the Activity Department or Business Office by Friday, April 28<sup>th</sup>. It would be helpful if you could tell us in which decade it was taken. We will be able to make a copy if you do not want to share the original.

# Soap and Water vs. Hand Sanitizer

Germes are everywhere! They get on our hands and things that we touch during every daily activity and can make us sick. That's a scary fact but it is nothing new, our great, great, great grandparents had the very same battle. However, that is not to say there are no new developments in this war against germs. The germs have gotten smarter but so have we!

Alcohol-based hand sanitizer can be found all over the place, in offices, homes, ladies purses and grocery stores. It is a wonderful development but not the final answer to our dilemma. The Center for Disease Control and Prevention (CDC) still recommends good old fashioned soap and water in most cases. Alcohol hand rubs should be used only when soap and water is not an option.

So when is hand sanitizer appropriate? Before and after visiting someone in a hospital or long term care facility is a good time for sanitizer; unless the patient/resident has a clostridium difficile infection (C Diff) in which case soap and water is the only choice. When soap and water is not an option a hand sanitizer may be used. Hand sanitizers should be at least 60% alcohol to be effective. A sufficient quantity should be used to require at least 20 seconds of hand rubbing until dry. It is important to cover all surfaces of the hands, under nails and between fingers. There are a few downsides to hand sanitizer use:

1. Hand sanitizer may not kill C. Diff, Norovirus, and some parasites even when used correctly.
2. Hand sanitizers will not wash away chemicals and toxins such as pesticides or heavy metals like lead.
3. Hand sanitizers are ineffective when there is visible dirt or on greasy hands.
4. Hand sanitizer poisoning from accidental ingestion of ethyl alcohol is becoming more common in small children and on purpose in young people who are trying to become drunk.

Hand sanitizers that are not alcohol based should not be used because they are less effective against many germs. They can cause germs to become resistant to the cleaning agent used, are more irritating to the skin and merely reduce the growth of germs rather than kill them outright.

So, good hand washing technique is important for everyone to know and perform routinely. Hands should be washed under warm, running water with fingers pointing down. Soap should be applied and hands should be scrubbed for 15 to 30 seconds with special care to get under the nails and between the fingers. Hands should then be dried with a paper towel and the faucet should be turned off using a separate paper towel.

Here's a warning for all those people who are in a hurry...drying is an extremely important step. Studies show that moist hands after washing can translocate an astonishing number of microbes from hands to surfaces. So, time spent in the drying process is time well spent.

What this all means is that it is up to us to take hand hygiene seriously and do it right...every time. As germs become more resistant to antibiotics and cleaning agents we must take charge and avoid infection as much as possible. Hand washing and hand rubbing are our front-line defense on the war on germs!

*Diane Grumbine  
Staff Development*

# Korner

*Karen Yingst, Dietary*

This recipe is submitted by Pat Custer, a CCC Auxiliary Member. These cool, fluffy fruit cups were served at the March birthday party for our residents but would also give a refreshing boost to many meals. Great for family gatherings and summer barbecues because there's no last-minute fuss since you make them well in advance.

### Creamy Frozen Fruit Cups

- 1 package (8 ounces) cream cheese, softened
- ½ cup sugar
- 1 jar (10 ounces) maraschino cherries, drained
- 1 can (11 ounces) mandarin oranges, drained and chopped
- 1 can (8 ounces) crushed pineapple, drained
- ½ cup chopped pecans (optional)
- 1 carton (8 ounces) frozen whipped topping, thawed

In a large bowl, beat the cream cheese and sugar until fluffy. Cut 9 cherries in half; chop the remaining cherries. Set aside halved cherries for garnish. Mix whipped topping with cream cheese mixture. Fold oranges, pineapples, pecans and chopped cherries into cream cheese mixture.

Line muffin cups with paper or foil liners. Spoon fruit mixture into cups; garnish with reserved cherries. Freeze until firm. Remove from the freezer 10 minutes before serving. Top with mint if desired. Yield: 1½ dozen

**Do you have a recipe that you would like share with our readers? If so, it can be dropped off at the Business Office. Please include your name and phone number so we can contact you if there are any questions about the recipe.**

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### Whipped Cream Dyed Eggs

- |                             |                   |
|-----------------------------|-------------------|
| Hard-boiled eggs            | Glass baking dish |
| Tub of whipped cream        | Vinegar           |
| Liquid or gel food coloring |                   |

Soak the hard-boiled eggs in vinegar for 10 to 15 minutes.

While the eggs are soaking, spread a layer of whipped cream in the bottom of a glass baking dish. Drop droplets of liquid food coloring over the top of the whipped cream. Use a straw or a toothpick to swirl the food coloring into the whipped cream.

Remove the eggs from the vinegar, then place them on top of the whipped cream. Roll the eggs around until they are completely covered by the whipped cream, then let the eggs sit for 20 to 30 minutes.

Remove the eggs from the whipped cream and rinse them off with cold water to reveal the design underneath.

**Note: Gel food coloring works better and makes a brighter egg.**



## John's Jottings

by John Landis, Chaplain

### Blessed Are the Poor in Spirit

*Blessed are the poor in spirit (those who are powerless, those who are helpless to do anything to bring change to what is wrong) for theirs (of them) is the kingdom of God. (Mt. 5:3)*

The bold words are a more literal translation. The word blessed has the meaning of living in a beautiful place that has perfect weather, where there are no weeds, diseases or bad things. It is a Garden of Eden place of joy and peace. This is heaven on earth. All goodness that is ideal and perfect. Of course in the imperfect world we live in, it is very difficult to comprehend the reality of such a place. Yet it did exist at one time and will again in the new earth that is coming someday.

This is the word Jesus uses to express to us what regular life on earth should be. Because we live in a broken and sinful world, it is impossible for us to have a full realization of this perfection. So, why does Jesus challenge us with such out of this world thinking? In fact Jesus states that these are the kind of people that his kingdom is made up of (of them). Jesus sees us as children of God in his kingdom, so it is easy to understand why Jesus thinks of us as the ones in this world making up the people who are the kingdom of God people.

So, where is the problem?

Well, we are still human and imperfect persons. Yes, Jesus has made us perfect in and through his blood. Our confession of sin and the cleansing of our sin(s) at the cross of Jesus have taken away our sin. The Lord Jesus comes and lives in our soul and spirit. But we still have the choice to sin or not to sin. But Jesus sees us as children of the Kingdom of God. We see ourselves helpless and unable to live a righteous and holy life by ourselves. We surrender ourselves completely to Jesus and he gives what we need to have the knowledge and power to live as Jesus would live. The blessing is present when we live in Jesus and the world sees us unlike them but like Jesus.

Because we are of them, we are not alone. We make up a crowd of people called the Kingdom of God. The call of Jesus to come and follow Him is life changing and life giving. He invites whosoever will to come and be part of his kingdom.



**Bible**  
STUDY  
Join us!

Please join John Landis every Monday in the Multi-Purpose Room at 10:00am. He will be leading a study in Ephesians.

**Note: There will be no Bible Study on April 17<sup>th</sup> due to Communion.**

#### **Bible Talk**

April 12<sup>th</sup>  
10:00am

Multi-Purpose Room

# New Residents



Welcome

## Joyce Markel

Nursing  
Room #49

## Diane Brontsema

Nursing  
Room #37

## Shirley Haldeman

Nursing  
Room #43

## April Birth Flower

### Daisy or Sweet Pea



The daisy conveys innocence, loyal love, and purity. Yet, it is also a flower given between friends to keep a secret; the daisy means "I'll never tell."

The other April flower is the sweet pea. While sweet peas signify blissful pleasure, on the other hand they are also used to say good-bye.



## We Remember

### C. Joan Martel

Joan lived at CCC for  
3 months

*Family and friends have our  
sincere condolences*



## Birthdays

### Employee's Birthdays

9 - Hannah Buck  
11 - Nancy Fiedler  
27 - Alayna Kline  
29 - Linda Laughner



### Resident's Birthdays

5 - Fay Johnson  
17 - Shirley Haldeman  
23 - Paul A. Shuey  
28 - Kathryn Lutz

Happy Birthday

# *What's Keeping Us Busy in April?*

*Compiled by Susanna Varner, Activities Director*

## *Special Music Programs*

- 3 - Sterling Lumm will be playing a variety of music, including Polka music, at 1:45pm in the Multi-Purpose Room.
- 7 - Country gospel music provided by Echoes of Grace at 10:00am in the Chapel.
- 8 - Old time country favorites sung by Wayne Riegle at 1:45pm in the Multi-Purpose Room.
- 11 - Annville/Cleona Kids Chorus will be singing for us at 6:30pm in the Chapel.
- 15 - Chub Doster and friends, "Hard Times", will be singing a mix of country and gospel music for us at 1:45pm in the Multi-Purpose Room.
- 18 - Lebanon County Youth Chorus will be sharing a program of sacred music at 7:00pm in the Chapel.
- 20 - St. John's EC Church will present an Easter Cantata at 7:00pm in the Chapel.

## *Special Activity Programs*

- 10 - The Participants of Hope Spring Farms of Hershey will be joining us for an afternoon program of Bingo at 1:30pm in the Multi-Purpose Room.
- 12 - Students from the Bright Beginnings Preschool will be joining us for an Egg Hunt at 1:45pm in the Multi-Purpose Room.
- 17 - The Activity Department is hosting the April Birthday Party at 1:45pm in the Main Dining Room.
- 26 - Hospice of All Seasons will be hosting an April themed Bingo at 2:00pm in the Multi-Purpose Room.

## *Church Services*

- 14 - Willie Marshal will be sharing his testimony through his poems at 10:00am in the Multi-Purpose Room.
- 14 - Father Job will be visiting at 10:30am. If you are interested in a scheduled visit from Father Job, please contact the Activity Department.
- 14 - Join us for the Good Friday Service at 2:00pm in the Chapel. Matt Whyland will be the guest speaker.
- 17 - Communion Service by Rev. Leroy Bomgardner and Pastor John Landis at 10:00am in the Chapel.
- 23 - Service by the members of Providence Mennonite Church at 7:00pm in the Chapel.
- 28 - Members of the Jonestown Bible Church will be providing a service of music and message at 10:00am in the Chapel.

## *Wednesday Evening Services*

*7:00pm in the Chapel*

- 5 - Donald Kelly  
United Christian Church
- 12 - Blue Mountain Youth Chorus

- 19 - Grace Life Church Awana
- 26 - Leroy Bomgardner  
Newmanstown UC Church



# April Motor Tours

(Weather Permitting)

## Nursing Residents

- 19 - Countryside Drive; 9:15am
- 25 - Countryside Drive; 9:15am

## Cottage & Personal Care Residents

- 4 - Lunch and Shopping at Dutch-Way in Myerstown; 11:30am
- 12 - Shopping at Dollar General in Jonestown; 9:30am
- 26 - Countryside Drive; 9:30am

*Cottage Resident Meeting  
Tuesday, April 25th at 1:00pm in  
the Chapel*

*Please give your questions, ideas  
and suggestions to Amber Carter  
prior to the meeting*

## Cottages Social

**Thursday  
April 20<sup>th</sup>  
3:00pm  
in the  
Multi-Purpose Room**

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We want to thank our friends listed below for their support of our ministry over the past months. These gifts enable this ministry to continue essential services and improve those services for the future.

### Anonymous Gifts

- Ms. Lisa Black - *In memory of Russell Smith*
- Mr. & Mrs. Gerald Brinser - *In memory of Erma Ebersole*
- Mrs. Catherine Dowdrick - *In memory of Ben Dowdrick*
- Mr. & Mrs. Russell Dudley - *In memory of Ben Dowdrick*
- Mr. & Mrs. Leon Frazier - *In memory of Ben Dowdrick*
- Mr. & Mrs. Bruce Gettle - *In memory of Erma Ebersole*
- Mr. & Mrs. Paul Graby - *In memory of Erma Ebersole*
- Mr. Elwood Heller - *In memory of Erma Ebersole*
- Mr. & Mrs. Richard Pankake - *In memory Harry Sechrist*
- Ms. Sally Ruby - *In memory of Edward Keeney*
- Mr. & Mrs. Jesse Weaver - *In memory of Ben Dowdrick*
- Ralph Sellers Family Members - *In memory of Erma Ebersole*

A special Thank You to Dolores Habecker for the donation of pictures that were used to decorate the Gathering Place.

# How Do You Like Your Eggs?

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |                |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|----------------|
| V | M | P | B | Y | S | B | I | U | E | H | C | P | Q | M | C | S | H | Baked          |
| Y | U | U | R | T | P | C | C | E | J | W | S | K | W | S | G | D | O | Basted         |
| D | E | L | I | O | B | D | R | A | H | G | X | P | W | G | F | A | N | Fried          |
| O | P | H | O | D | B | C | D | A | G | C | I | Y | E | A | F | L | K | Hard Boiled    |
| A | M | G | W | B | E | E | P | E | M | C | I | D | H | M | G | A | Y | Omelet         |
| D | E | E | A | R | H | M | T | F | K | B | E | U | X | U | V | S | E | Over Easy      |
| D | E | K | L | C | E | E | R | L | M | T | L | E | B | S | N | G | G | Over Medium    |
| J | E | V | A | E | E | X | E | E | A | Y | Y | E | C | T | Y | G | G | Over Hard      |
| D | D | O | I | B | T | D | F | R | V | I | V | P | D | A | G | E | S | Poached        |
| E | P | R | D | L | E | L | O | W | F | O | D | E | I | R | F | K | J | Scrambled      |
| L | B | E | A | G | E | C | S | U | N | N | Y | S | I | D | E | U | P | Soft Boiled    |
| I | R | A | G | H | E | D | D | S | C | O | T | C | H | E | G | G | S | Sunny Side Up  |
| O | X | S | S | D | R | O | E | G | M | I | Q | Y | U | G | H | G | P | Decorated Eggs |
| B | Q | K | U | H | Y | E | S | G | J | F | U | I | L | G | D | O | N | Deviled Eggs   |
| T | Y | S | A | E | R | E | V | O | G | G | I | B | A | S | T | E | D | Egg Salad      |
| F | R | E | J | V | Z | N | W | O | D | S | C | W | T | Q | L | I | L | Honky Eggs     |
| O | M | I | L | A | K | B | F | W | M | D | H | B | L | R | C | D | W | Mustard Eggs   |
| S | A | P | D | K | W | V | K | R | U | A | E | F | R | D | F | A | P | Pickled Eggs   |



# ACTIVITIES CALENDAR

## April 2017

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|--|--|---|--|---|---|---|
| <b>Devotions:</b><br><br><u>Monday – Saturday</u><br>8:20 Main Dining Room<br>8:45 Gathering Place   | <b>KEY:</b><br><br>CH - Chapel<br>CL - Country Lounge<br>GP - Gathering Place<br>DR - Main Dining Room<br>MPR - Multi-Purpose Room                           |   |  |   | <b>Word Search Hand<br/>Out Every Friday</b>  | 9:30 Exercise GP<br>10:00 Shake Loose a Memory GP<br>1:45 Trivia Time GP<br>3:45 Scripture Reading GP<br>6:15 Movie Night CL          |
| 9:30 Sunday School CH<br>Ken Sellers<br>3:00 Gospel Video GP   | 9:30 Exercise MPR<br>10:00 Bible Study MPR<br>10:30 Room Visits - Nursing<br>1:45 Accordion Music MPR<br>3:45 Balloon Volleyball GP                          | 9:30 Exercise GP<br>10:00 Music Hour GP<br>11:30 Bus Trip<br>PC & Cottage<br>1:30 Manicures GP<br>1:45 PC Coffee Cart<br>3:45 Bean Bag Toss GP  | 9:30 Exercise GP<br>10:00 We Remember GP<br>2:00 The Choice Game GP<br>3:00 PC Manicures CL<br>3:45 Read & Reminisce GP<br>7:00 Prayer Meeting CH                | 9:30 Exercise in GP<br>10:00 Bingo<br>GP & MPR<br>1:45 Hymn Sing CL<br>2:00 Nursing Theme Cart Rooms<br>3:45 Song Time GP   | <b>NO EXERCISE</b>  | 9:30 Exercise GP<br>10:00 Wheel of Fortune GP<br>1:45 Music with Wayne MPR<br>3:45 Scripture Reading GP<br>6:15 Movie Night CL        |
| <b>PALM SUNDAY</b><br>9:30 Sunday School CH<br>Greg Keller<br>6:30 Sonny and Audrey MPR              | 9:30 Exercise MPR<br>10:00 Bible Study MPR<br>10:30 Room Visits - Nursing<br>1:30 Hope Spring Farms MPR<br>3:00 Camp Meeting on CD MPR<br>3:45 Table Ball GP | 9:30 Exercise GP<br>10:00 Music Hour GP<br>10:15 PC Room Visits<br>1:45 Make Flower Arrangements MPR<br>3:45 Popcorn Toss GP<br>6:30 Kids Chorus CH                                     | 9:30 Exercise MPR<br>9:30 Bus Trip<br>PC & Cottage<br>10:00 Bible Talk MPR<br>1:45 Egg Hunt MPR<br>3:45 Amusing Morsels GP<br>7:00 Blue Mountain Youth Chorus CH | 9:30 Exercise in GP<br>10:00 Bingo<br>GP & MPR<br>1:45 Hymn Sing CL<br>2:00 Name That Sound GP<br>3:00 Resident Rights Rounds Rooms<br>3:45 Song Time GP            | <b>GOOD FRIDAY</b>  | 9:30 Exercise GP<br>10:00 Penny Game GP<br>1:45 Hard Times MPR<br>3:45 Scripture Reading GP<br>6:15 Movie Night CL                    |
| <b>EASTER</b><br>9:30 Sunday School CH<br>Bruce Gettle<br>3:00 Gaither Music Video<br>CL & GP        | <b>NO EXERCISE</b><br>10:00 Communion CH<br>10:15 Room Visits - Nursing<br>1:45 Birthday Party DR<br>3:45 Balloon Volleyball GP                              | 9:30 Exercise GP<br>10:00 Music Hour GP<br>10:15 PC Room Visits<br>2:00 Hillbilly Golf MPR<br>3:00 Camp Meeting on CD MPR<br>3:45 Target Toss GP<br>7:00 Lebanon County Youth Chorus CH | <b>NO EXERCISE</b><br>9:15 Bus Trip - Nursing<br>10:00 Refreshing Moments GP<br>1:45 Bowling MPR<br>3:45 Read & Reminisce GP<br>7:00 Grace Life Church Awana CH  | 9:30 Exercise in GP<br>10:00 Bingo<br>GP & MPR<br>1:30 Manicures GP<br>1:45 PC Coffee Cart<br>3:00 Cottagers Social MPR<br>3:45 Song Time GP<br>7:00 Easter Cantata | 9:30 Exercise MPR<br>10:00 Stories with John MPR<br>1:45 Bible Trivia GP & CL<br>3:45 Variety Time GP | 9:30 Exercise GP<br>10:00 Stories of Angels GP<br>1:45 Concentration GP<br>3:45 Scripture Reading GP<br>6:15 Movie Night CL           |
| 9:30 Sunday School CH<br>Nelson Heagy<br>3:00 Gospel Video GP<br>7:00 Providence Mennonite Church CH | 9:30 Exercise MPR<br>10:00 Bible Study MPR<br>10:30 Room Visits - Nursing<br>1:45 Jeopardy MPR<br>3:45 Table Ball GP   | <b>NO EXERCISE</b><br>9:15 Bus Trip - Nursing<br>10:00 Music Hour GP<br>10:15 PC Room Visits<br>1:00 Cottagers Meeting CH<br>1:30 Games GP<br>1:45 PC Coffee Cart<br>3:45 Parachute GP  | 9:30 Bus Trip<br>PC & Cottage<br>9:30 Exercise GP<br>10:00 We Remember GP<br>2:00 April Bingo MPR<br>3:45 Read & Reminisce GP<br>7:00 Prayer Meeting CH          | 9:30 Exercise in GP<br>10:00 Bingo<br>GP & MPR<br>1:30 PC Manicures CL<br>2:00 Table Talk GP<br>3:45 Song Time GP   | <b>NO EXERCISE</b>  | 9:30 Exercise GP<br>10:00 How May Words Game GP<br>1:45 Country Folk Gathering GP<br>3:45 Scripture Reading GP<br>6:15 Movie Night CL |
| 9:30 Sunday School CH<br>Edward Heagy<br>3:00 Gospel Video GP  |  |   |  |   |   |   |