Think About This

Who tastes dog food when it has a “new & improved” flavor?

Why do brain cells come and brain cells go, but fat cells are forever?

Why does Goofy stand erect while Pluto remains on all fours? They are both dogs!

Why doesn’t glue stick to the inside of the bottle?
JOY

There is a children’s song which goes like this- “I have joy, joy, joy, joy down in my heart, down in my heart, down in my heart! WHERE? Down in my heart. WHERE? Down in my heart to stay”.

Life has its challenges which tend to rob us of an uplifted spirit. Joy is a gift from God that helps us to press on in our lives. I’m not talking about a light hearted giddiness. It is a good feeling inside of us that gives us assurance and confidence that everything is going to be ok. It is not based on my own strength but on the Lord who gave the joy to us.

A sense of contentment, calm delight and cheerfulness are three things that come to my mind about joy.

Joy is not based on music, winning or other outside things coming our way. Rather it is the spirit of God blessing our spirit with this wonderful gift from God. We know that our Lord knows what is going on in our lives. So the spirit of joy expresses the joy the Lord in us most of the time and in all occasions. We feel good and have a sense of calm contentedness. We will express this mood in every facet of our lives. It draws out of us peace, love, goodness and all the fruit of spirit. These fruit of the spirit are spoken of in Galatians 5:22-23. God gives us a complete package when he gifts us with his Holy Spirit.

So, what are doing with the generous gift of God?

MISSION STATEMENT:
The mission of Countryside Christian Community is to provide for the emotional, physical, spiritual and social needs of our residents in a Christ centered environment.

Please note that a donation or contribution to Countryside Christian Community is purely voluntary. A contribution is in no way a requirement for a business relationship, residency or a continued stay in the community. All residents will receive the same standard quality of care notwithstanding contributions in their name. Countryside Christian Community operates as a not-for-profit Christian ministry of the United Christian Church and serves older adults without regard to race, color, national origin, ancestry, sex, physical handicap, disability or religious creed. The official registration and financial information of Countryside Christian Community may be obtained from the Pennsylvania Department of State by calling toll-free, within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

A copy of this newsletter is available at the business office or can be found on our webpage at www.countryside.info. Please use these resources to attain your copy of the “Reflections”. 
**What’s Keeping Us Busy in August?**

Compiled by Susanna Varner, Activities Director

**Special Activity Programs**

8 - Nancy Dombach will be doing a demonstration on decorating a butterfly cake. Join us for hands on participation and sampling of the cake at 2:00pm in the Dining Room.

12 - Hope Spring Farms of Hershey will be joining us for an afternoon program of bingo at 1:30pm in the Multi-Purpose Room.

15 - Enjoy Homemade Vanilla Ice Cream at 2:00pm in the Pavilion.

19 - The July Birthday Party will be hosted by Newmanstown United Christian Church. Come and celebrate the August birthdays at 2:00pm in the Dining Room.

23 - Hospice of All Seasons will be hosting the Beach Themed Bingo at 2:00pm in the Dining Room.

27 - Friends of All Animals will be visiting room to room with their pets starting at 6:30pm.

30 - Join us at 2:00pm in the pavilion for a toasted marshmallow to celebrate Toasted Marshmallow Day.

**Special Music & Church Services**

2 - Join us for a toe tapping good time as Echoes of Grace sings country gospel music at 10:00am in the Chapel.

17 - Hard Times will be singing your old time favorite country tunes at 2:00pm in the Multi-Purpose Room.

18 - Kauffman’s United Methodist Church will be providing a service at 2:30pm in the Chapel.

22 - Marlin Hernley and Nelson Evans will be playing sacred music on the organ and piano at 2:00pm in the Chapel.

25 - Service by the members of Providence Mennonite Church at 7:00pm in the Chapel.

**Wednesday Evening Services**

7:00pm in the Chapel

7 - Marlin Swope
Balsbaugh UC Church

14 - No Service (Campmeeting)

21 - Gerald Brinser
United Christian Church

28 - Edward Heagy
United Christian Church

**Bible Study**

*Please join John Landis every Monday in the Dining Room at 10:00am*

**Bible Talk**

*August 30th
10:00am
Dining room*
August Motor Tours
(Weather Permitting)

Personal Care & Cottage Residents
1 - Shopping at Walmart; 9:30am
8 - Countryside Drive; 9:30am
28 - Ice cream at Dairy Queen; 1:30pm

Transportation to Campmeeting
13 - Leaving at 1:30pm
15 - Leaving at 9:30am

Nursing Residents
Trips will be announced as they are scheduled throughout the month

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New Residents

Mary McKivison
Nursing
Room #37

Jean Sweinhart
Nursing
Room #39

Welcome

July Birthdays

Employee's Birthdays
6 - Peter Tsirnikas
20 - Mary Corcoran
22 - Casey Witman-Bush
24 - Doris Bender
26 - Melissa Strickler
27 - Beverly Bollinger
27 - Anna Haulman

 Residents' Birthdays
1 - Dorothy George
9 - Nancy Dombach
16 - Ronald Duttry
18 - Beverly Atkins
18 - Harold Hostetter
23 - Carl Gepfer
24 - Val Hough
28 - Erma Kline

Happy Birthday
Mark Your Calendar

Countryside Christian Community Auxiliary

Saturday, September 21, 2019
8:00 AM – 1:00 PM

APPLE DUMPLINGS
PULLED PORK SANDWICHES • BEEF BARBECUE • HOT DOGS
DRINKS • HOMEMADE ICE CREAM • BAKED GOODS • THEME BASKETS
SILENT QUILT AUCTION • CRAFTS • MUMS

Yard Sale Spaces Are Available
(10ft x 10ft)
Cost: $10.00 per space
You will need to supply your own table or blanket to display your items.
To reserve a space call: 717-867-4636
Make checks payable to: CCC Auxiliary

Baked Goods Donations
If you would like to donate baked goods for the bake sale, please drop off your baked goods (at the Business Office) on Friday, September 20th or before 8:00am on the day of the Fall Festival.

“Come-N-Dine” tickets will be available
Purchase a ticket for $10.00 for a home cooked meal at the host of your choice.

Yard Sale Items
The Activity Department is accepting donations of new or gently used items (household items, decorating items, small toys and children’s books, etc.) to be sold at the upcoming yard sale which will be held in September.

If you have any questions or would like to make arrangements to make a drop off of your unwanted items, please contact the Activity Department at 717-867-4636.
Let’s Go to the Zoo
Find the animals you would find at the zoo

Ardvark  Hippopotamus  Lion  Sea Lion
Cheetah  Jaguar  Monkey  Sloth
Elephant  Kangaroo  Ostrich  Tiger
Giraffe  Lemur  Panda  Tortoise
Gorilla  Leopard  Polar Bear  Zebra
# August 2019

Cottage & Personal Care Activity Calendar

<table>
<thead>
<tr>
<th>Sunday</th>
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<tr>
<td><strong>Sisters Day</strong>&lt;br&gt;9:30 Sunday School CH&lt;br&gt;Lee Wenger&lt;br&gt;3:00 Gospel Music Video CL</td>
<td>9:30 Exercise DR&lt;br&gt;10:00 Bible Study DR&lt;br&gt;11:00 Jubilee MPR&lt;br&gt;1:30 Hope Spring Farms MPR&lt;br&gt;3:00 Resident Rights Game - Rooms</td>
<td>10:00 Bingo DR&lt;br&gt;2:00 Book Club DR&lt;br&gt;3:15 Word Search Handout - Rooms</td>
<td><strong>Lighthouse Day</strong>&lt;br&gt;10:00 Coffee Café DR&lt;br&gt;2:00 Game Time DR&lt;br&gt;7:00 Prayer Meeting CH</td>
<td>9:30 Bus Trip&lt;br&gt;9:30 Exercise DR&lt;br&gt;10:00 Music Hour DR&lt;br&gt;2:00 Wii Bowling MPR</td>
<td>10:00 Echoes of Grace&lt;br&gt;CH&lt;br&gt;2:00 Jeopardy DR</td>
<td>9:30 Exercise DR&lt;br&gt;10:00 How Many Words in a Word DR&lt;br&gt;2:00 August Trivialities DR&lt;br&gt;6:00 Movie Night CL</td>
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<td><strong>Elephant Day</strong>&lt;br&gt;9:30 Sunday School CH&lt;br&gt;Bill Houser&lt;br&gt;3:00 Gaither Music Video CL</td>
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<td>9:30 Exercise DR&lt;br&gt;10:00 Storied with John&lt;br&gt;DR&lt;br&gt;2:00 Bocce MPR</td>
<td>9:30 Exercise DR&lt;br&gt;10:00 Wheel of Fortune DR&lt;br&gt;2:00 What am I? DR&lt;br&gt;6:00 Movie Night CL</td>
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<td><strong>Dog Day</strong>&lt;br&gt;9:30 Sunday School CH&lt;br&gt;Darryl Weaver&lt;br&gt;3:00 Gaither Music Video CL&lt;br&gt;7:00 Providence Mennonite Church CH</td>
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<td>10:00 Coffee Café DR&lt;br&gt;2:00 Carnival PAV&lt;br&gt;7:00 Prayer Meeting CH</td>
<td>9:30 Exercise DR&lt;br&gt;10:00 Fun in the Sun Trivia DR&lt;br&gt;2:00 Piano/Organ Music CH&lt;br&gt;10:00 Shake Loose a Memory with LVC Students DR&lt;br&gt;11:00 Visits with LVC Students -Rooms&lt;br&gt;2:00 Family Feud DR&lt;br&gt;6:00 Movie Night CL</td>
<td>10:00 Cottagers Meeting CH&lt;br&gt;1:30 Bus Trip&lt;br&gt;2:00 Game Time DR&lt;br&gt;7:00 Prayer Meeting CH</td>
<td>9:30 Exercise DR&lt;br&gt;10:00 Bible Talk DR&lt;br&gt;2:00 Toasted Marshmallows PAV</td>
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Countryside Christian Community

Activities Subject to Change
# August 2019 Nursing Activity Calendar

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<td>9:30 Exercise DR 10:00 Bingo GP 2:00 Manicures GP 3:15 Word Search Handout - Rooms</td>
<td>9:30 Exercise DR 10:00 We Remember GP 2:00 Game Time DR</td>
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<td>3:00 Gospel Music Video GP</td>
<td>3:00 Gaither Music Video GP</td>
<td>3:00 Theme Cart-Rooms</td>
<td>3:15 Word Search Handout - Rooms</td>
<td>3:45 Lighthouses of Maine GP</td>
<td>2:00 Choice Game GP</td>
<td>3:45 Fish Wrapper GP</td>
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<td>6:00 Evening Reflections GP</td>
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<td>3:45 Popcorn Toss GP 6:00 Evening Reflection</td>
<td>3:45 Target Toss GP 6:00 Evening Reflection GP</td>
<td>3:45 Read &amp; Reminisce GP</td>
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<td>3:00 Resident Right Handout - Rooms</td>
<td>3:45 Balloon Volleyball GP</td>
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